Change your plan or meals

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Choose your meals each week by the cutoff, or we'll pick chef favorites that match your preferences.

Plan	Meals per week	Servings per meal
Couple	2 to 5	2
Family	2 to 4	4
Solo	3 to 6	1

Pick your meals

1. Go to **Upcoming deliveries** and select **Edit meals**.
2. Add or remove meals. Premium meals show their extra cost.
3. Select **Save**.

Dietary preferences

Under **Account settings > Preferences**, choose vegetarian, pescatarian, low-carb or no pork. We'll use these when we pick meals for you.

Preferences aren't allergy-safe filters. If you have a food allergy, read Allergens and ingredients first.